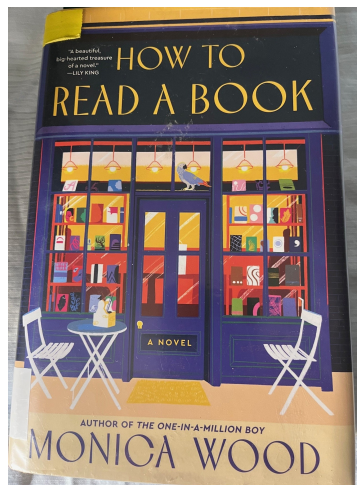




The Sacramento Walking Sticks Book Club invites you to join us on Sunday, March 2, 2025 at 10:00 am for a 6K book walk in Sacramento, California.

## **BRING A LUNCH!**

**Book Selection: How to Read a Book: A Novel\_ by Monica Wood**



7 print copies, eaudiobook,  
Sacramento Public Library System  
Available online in hardcover, Audible Audiobook and Kindle.

ebooks and Kindle are available from

**Book Description: March Book Recommendation: *How to Read a Book: A Novel* by Monica Wood**

7 print copies available from the Sacramento Public Library System, also available as Kindle, eAudiobook and ebook. Available online in hardcover and Kindle formats.

### **Book Description:**

A National Bestseller \* From the award-winning author of *The One-in-a-Million Boy* comes a heartfelt, uplifting novel about a chance encounter at a bookstore, exploring redemption, unlikely friendships, and the life-changing power of sharing stories.

Our Reasons meet us in the morning and whisper to us at night. Mine is an innocent, unsuspecting, eternally sixty-one-year-old woman named Lorraine Daigle...

Violet Powell, a twenty-two-year-old from rural Abbott Falls, Maine, is being released from prison after serving twenty-two months for a drunk-driving crash that killed a local kindergarten teacher.

Harriet Larson, a retired English teacher who runs the prison book club, is facing the unsettling

prospect of an empty nest.

Frank Daigle, a retired machinist, hasn't yet come to grips with the complications of his marriage to the woman Violet killed.

When the three encounter each other one morning in a bookstore in Portland--Violet to buy the novel she was reading in the prison book club before her release, Harriet to choose the next title for the women who remain, and Frank to dispatch his duties as the store handyman--their lives begin to intersect in transformative ways.

How to Read a Book is an unsparingly honest and profoundly hopeful story about letting go of guilt, seizing second chances, and the power of books to change our lives. With the heart, wit, grace, and depth of understanding that has characterized her work, Monica Wood illuminates the decisions that define a life and the kindnesses that make life worth living.

**Please join us on Sunday, March 2 at 10 AM for the 6K YRE - Midtown/East Sac. We'll visit an independent book store, Wild Sisters, along the way. BRING A LUNCH and we'll picnic in McKinley Park and have our book discussion (weather permitting). In case of rain we'll find a cafe along the route.**

**Start Point: CVS Pharmacy, 5039 Folsom Blvd.**

**Lunch and Book Discussion: Bring a Lunch!** We'll have lunch and our book discussion at McKinley Park along the walk route.

**Special Programs:** Par for the Course, Step to the Beat,

**Learn more about author Monica Wood and Wild Sisters (East Sac), 3325 Folsom Blvd**

<https://www.monicawood.com/>

[https://www.bookbrowse.com/biographies/index.cfm/author\\_number/2944/monica-wood](https://www.bookbrowse.com/biographies/index.cfm/author_number/2944/monica-wood)

<https://forthejoyofbooks.com/books/book-review-how-to-read-a-book-by-monica-wood/>

<https://www.youtube.com/watch?v=xKheXxQ6NKI>

<https://www.wildsistersbookco.com/>

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